

Adobe

Acrobat

Getting Started with Acrobat 8 Professional	2 hours
Acrobat 8 Professional Essential Training	9.5 hours
Acrobat 8 Professional Beyond the Basics	9.5 hours
Acrobat 7 New Features	2.25 hours
Acrobat 7 Essential Training	8.75 hours
Learning Acrobat 6	7.5 hours
Learning Acrobat 5	4 hours

Acrobat 3D

Acrobat 3D Version 8 Essential Training	5 hours
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Apollo

Apollo Alpha Preview	1 hour
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Acrobat Connect

Getting Started with Acrobat Connect	0.25 hours
Acrobat Connect Professional Essential Training	6 hours

After Effects

After Effects CS3 Professional Beyond the Basics	9.75 hours
After Effects CS3 Professional Essential Training	9.25 hours
After Effects CS3 Professional New Features	1.25 hours
Hot Looks Using Floating Point in After Effects	0.25 hours
Learning the After Effects Glow Plug-In	0.25 hours
Lighting Tricks in After Effects	0.25 hours
Understanding Fields & Interlacing in After Effects	1 hour
Working with 3:2 Pulldown in After Effects	0.75 hours
After Effects 7 New Features	1.5 hours
After Effects 7 Essential Training	6.75 hours
After Effects 7 Animation Techniques	3.25 hours
After Effects 7 Title Design Techniques	4.25 hours
After Effects 7 and Flash 8 Integration	2.5 hours
After Effects 7 and Photoshop CS2 Integration	4.75 hours
After Effects 6 Essential Training	6 hours
Learning After Effects 5	8.5 hours
After Effects 5.0 Overview	5 hours
Digital Anarchy Demonstration	2 hours

Audition

Digital Audio Principles	8 hours
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Audition 2.0 Essential Training	6.5 hours
Bridge	
Bridge and Version Cue CS3 Essential Training	5 hours
Digital Asset Management for Photographers	4.25 hours
Captivate	
Captivate 2 Essential Training	6.25 hours
ColdFusion 8	
ColdFusion 8 Essential Training	6.75 hours
ColdFusion 8 New Features	1 hour
Contribute CS3	
Contribute CS3 Essential Training	5 hours
Creative Suite	
InDesign CS2 Print Project Workflow	10.5 hours
Learning Adobe CS Integration and Version Cue	3.75 hours
Dreamweaver CS3	
Dreamweaver CS3 Essential Training	10.5 hours
Web Accessibility Principles	6.25 hours
Dreamweaver CS3 Beyond the Basics	11.25 hours
Dreamweaver CS3 Dynamic Development	7 hours
Migrating from GoLive to Dreamweaver CS3	3 hours
Encore DVD	
Encore CS3 Essential Training	5 hours
Encore DVD 2.0 Essential Training	5.5 hours
Fireworks CS3	
Fireworks CS3 Essential Training	7.5 hours
Flash CS3	
Flash User Experience Best Practices	4.25 hours
Flash CS3 Professional Essential Training	8 hours
ActionScript 3.0 in Flash CS3 Professional Essential Training	7.5 hours
ActionScript 3.0 in Flash CS3 Professional Beyond the Basics	4 hours
Illustrator CS3 and Flash CS3 Professional Integration	3.75 hours
Flex	
Flex 3 New Features	2 hours
Flex 3 Beta Preview	0.5 hours
Flex 2 Essential Training	4.5 hours
Flex 2 Beyond the Basics	6 hours
Flex 2 Advanced: Using Data Services	5.25 hours
ActionScript 3.0 in Flex Builder Essential Training	13 hours

GoLive

GoLive 9 New Features	1 hour
GoLive CS2 Essential Training	9.75 hours
Learning GoLive CS	11 hours
Learning GoLive 6	15 hours
Migrating from GoLive to Dreamweaver CS3	3 hours

Illustrator

Illustrator CS3 Essential Training	13.5 hours
Illustrator CS3 One-on-One: The Essentials	9.75 hours
Illustrator CS3 One-On-One: Beyond the Basics	10.75 hours
Illustrator CS3 One-on-One: Advanced Techniques	8.5 hours
Illustrator CS3 and Flash CS3 Professional Integration	3.75 hours
Migrating from FreeHand to Illustrator CS3	5 hours
Illustrator CS2 FAQs	3.75 hours
Illustrator CS2 Essential Training	17.3 hours
Illustrator CS2 Creative Techniques	9 hours
Illustrator CS2 and Flash 8 Integration	3.5 hours
Illustrator CS2 Power Shortcuts	5.25 hours
Migrating from FreeHand to Illustrator CS2	3.5 hours
Illustrator CS Essential Training	14.5 hours
Learning Illustrator 10	18 hours
Learning Illustrator 9	8 hours

InCopy

InCopy CS3 + InDesign CS3 Integration	8 hours
InCopy CS2 Essential Training	5 hours

InDesign

InDesign CS3 Essential Training	9 hours
InDesign CS3 Prepress Essentials	7 hours
InCopy CS3 + InDesign CS3 Integration	8 hours
InDesign CS2 Essential Training	15.5 hours
InDesign CS2 Beyond the Basics	10.25 hours
InDesign CS2 Power Shortcuts	7 hours
InDesign CS2 Professional Typography	7 hours
InDesign CS2 Print Project Workflow	10.5 hours
InDesign CS Essential Training	5 hours
Learning InDesign 2	4 hours

Photoshop Lightroom

Photoshop Lightroom Essential Training	5.5 hours
Photoshop (For All Versions)	
Photoshop Filters	6 hours
Photorealism with Bert Monroy: Volume 1	5.5 hours
Photorealism with Bert Monroy: Volume 2	2.75 hours
Scanning Principles	5 hours
No Pixels Harmed!	1 hour
Photoshop Brushes	5 hours
Photoshop CS3	
Photoshop CS3 New Features	1.5 hours
Photoshop CS3 One-on-One: The Essentials	8.75 hours
Photoshop CS3 One-on-One: Beyond the Basics	10.75 hours
Photoshop CS3 One-on-One: Advanced Techniques	9.5 hours
Photoshop CS3 Extended for 3D + Video	6.25 hours
Photoshop CS3 Channels and Masks: The Essentials	12.5 hours
Photoshop CS3 for Photographers	13.25 hours
Photoshop CS3 Creative Photographic Techniques	11 hours
Photoshop CS3 for the Web Essential Training	8.5 hours
Photoshop CS3 Color Correction	7.25 hours
Photoshop CS3 Prepress Essentials	7.5 hours
Photoshop CS	
New in Photoshop CS	4 hours
Photoshop CS Essential Training	10.25 hours
Enhancing Digital Photography with Photoshop CS	13 hours
Learning Photoshop CS for the Web	9.5 hours
Photoshop CS and Flash MX 2004 Integration	2.25 hours
Photoshop CS Prepress Essentials	8.75 hours
Russell Brown's Photoshop CS Tips & Techniques	5.25 hours
Photoshop CS Power Shortcuts	3.5 hours
Photoshop CS2	
Photoshop CS2 FAQs	4.75 hours
Photoshop CS2 Essential Training	11 hours
Photoshop CS2 Channels & Masks	21.75 hours
Photoshop CS2 Mastering Camera Raw	12 hours
Photoshop CS2 Actions and Automation	18.5 hours
Enhancing Digital Photography with Photoshop CS2	14.5 hours
Photoshop CS2 for the Web Essential Training	11.5 hours

Photoshop CS2 and Flash 8 Integration	2.5 hours
Russell Brown's Photoshop CS2 Tips & Techniques	6.25 hours
Photoshop 7	
New in Photoshop 7	3 hours
Learning Photoshop 7	18 hours
Photoshop 7 Slices, Rollovers & Animation	2 hours
Photoshop 6	
Learning Photoshop 6	8 hours
Advanced Photoshop 6	9 hours
Learning Photoshop 6 and ImageReady 3 for the Web	7 hours
Photoshop Elements	
Graphic Secrets for Business Professionals	4 hours
Photoshop Elements 5 Essential Training	13 hours
Photoshop Elements 3 Essential Training	11 hours
Learning Photoshop Elements 2	5 hours
Learning Photoshop Elements	3 hours
Premiere Pro	
Digital Video Principles	2.5 hours
Premiere Pro CS3 New Features	0.5 hours
Premiere Pro CS3 Essential Training	6.5 hours
Premiere Pro 2 New Features	2.25 hours
Premiere Pro 2 Essential Training	11 hours
Premiere Pro 1.5 Essential Training	7 hours
Soundbooth	
Soundbooth CS3 Essential Training	3 hours
Version Cue	
Bridge and Version Cue CS3 Essential Training	5 hours

Apple

Aperture

Aperture 1.1 Essential Training	6.75 hours
Aperture 1.5 Beyond the Basics	3.5 hours

Compressor

Compressor 2.1 Essential Training	1.5 hours
DVD Studio Pro 4 + Compressor 2 New Features	2.25 hours
Compressor Essential Training	3.25 hours

DVD Studio Pro

DVD Studio Pro 4 + Compressor 2 New Features	2.25 hours
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DVD Studio Pro 3 Essential Training	6 hours
Final Cut Pro	
Digital Video Principles	2.5 hours
Final Cut Pro 6 Essential Effects	9.25 hours
Final Cut Pro 6 New Features	1.5 hours
Final Cut Pro 6 Essential Editing	10.75 hours
Final Cut Pro Optimization and Troubleshooting	2.25 hours
Final Cut Pro 5 Essential Editing	8.25 hours
Final Cut Pro 5 Essential Effects	6 hours
Final Cut Pro 5 Beyond the Basics	8.5 hours
Final Cut Pro 5 Color Correction	4.25 hours
Final Cut Studio Integration	1.75 hours
Learning Final Cut Pro 4	8.3 hours
Final Cut Express	
Final Cut Express HD 3.5 Essential Training	6 hours
GarageBand	
Digital Audio Principles	8 hours
Podcasting with GarageBand 3	4.75 hours
GarageBand 2 Essential Training	4.5 hours
Learning GarageBand	5.5 hours
iDVD	
iMovie HD 6 + iDVD 6 Essential Training	9.75 hours
iMovie HD + iDVD 5 Essential Training	12 hours
iLife	
Learning iLife: iTunes 4, iPhoto 2, iMovie 3 and iDVD 3	5.5 hours
iMovie	
iMovie HD 6 + iDVD 6 Essential Training	9.75 hours
iMovie HD + iDVD 5 Essential Training	12 hours
iPhoto	
iPhoto 6 Essential Training	5.5 hours
iPhoto 5 Essential Training	4.75 hours
iTunes	
iTunes 7 New Features	1 hour
iTunes 5 and 6 + iPod Essential Training	8.5 hours
iWeb	
iWeb Essential Training	3.5 hours
Keynote	
Effective Presentations	11 hours

Graphic Secrets for Business Professionals	4 hours
Keynote 3 Essential Training	5.5 hours
Keynote 2 Essential Training	4.6 hours
Learning Keynote	8 hours

LiveType

LiveType 2 Essential Training	3.5 hours
Learning LiveType	4.75 hours

Mac OS

Mac OS X 10.4 Tiger Essential Training	12 hours
Mac OS X 10.4 Tiger Beyond the Basics	7.75 hours
Learning Mac OS X 10.3 Panther	8 hours
Learning Mac OS X 10.2 Jaguar	5 hours
Learning Mac OS X	2 hours

Mac OS Server

Mac OS X Server v10.4 Tiger Essential Training	9.25 hours
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Motion

Motion 2 Essential Training	5.5 hours
Learning Motion	7.5 hours

Pages

Pages 2 Essential Training	7 hours
Pages Essential Training	4.5 hours

QuickTime

Learning QuickTime 5 Pro	3 hours
QuickTime Compression Principles	2 hours

Shake

Shake 4.1 Essential Training	13.25 hours
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Soundtrack Pro

Digital Audio Principles	8 hours
Soundtrack Pro Essential Training	6 hours
Soundtrack Pro Audio Filters	4 hours
Soundtrack Essential Training	4.75 hours

Autodesk

3ds Max

3ds Max 9 Essential Training	9 hours
3ds Max 9 Modeling	13.5 hours
Learning Discreet 3ds max 6	7 hours
Character Animation in Discreet 3ds max 6	6.75 hours

Character Rigging in Discreet 3ds max 6	4 hours
Modeling in Discreet 3ds max 6	10 hours
Texturing and Lighting in Discreet 3ds max 6	6.5 hours

Maya

Maya 8 Essential Training	8 hours
Maya 8.5 Character Rigging	4.75 hours
Maya 6.5 Essential Training	8.5 hours

Avid

Avid Xpress Pro

Avid Xpress Pro 5.5 Essential Editing	5 hours
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Pro Tools

Pro Tools 7 LE Essential Training	6.25 hours
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Corel

CorelDRAW

Getting Started with CorelDRAW Graphics Suite X3	2 hours
CorelDRAW Graphics Suite X3 Essential Training	10.75 hours
Getting Started with CorelDRAW Graphics Suite 12	2 hours
CorelDRAW 12 Beyond the Basics	9.5 hours
Getting Started with CorelDRAW 11	5 hours

Painter

Getting Started with Corel Painter Essentials 3	2.1 hours
Getting Started with Corel Painter IX	11 hours
Getting Started with Corel Painter 8	5.5 hours

Paint Shop Pro

Getting Started with Corel Paint Shop Pro Photo X2	3.25 hours
Getting Started with Corel Paint Shop Pro Photo XI	2.8 hours
Getting Started with Paint Shop Pro X	4.25 hours
Paint Shop Pro X Essential Training	9.5 hours
Learning Jasc Paint Shop Power Suite Photo Edition	12 hours

WordPerfect

Getting Started With WordPerfect Office X3	3.75 hours
WordPerfect Office X3 Essential Training	11.5 hours
WordPerfect 12 Essential Training	8.1 hours

eBay

eBay Essential Training	7.5 hours
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eFrontier

Poser

[Poser 7 Essential Training](#)

5.45 hours

El Technology Group

Amorphium Pro

[Learning Amorphium Pro](#)

8 hours

e-on Software

Vue

[Vue 6 xStream Essential Training](#)

9.25 hours

Eovia

Carrara

[Carrara 5 Essential Training](#)

8.25 hours

FileMaker

FileMaker Pro

[FileMaker Pro 9 Essential Training](#)

10.75 hours

[FileMaker Pro 9 Beyond the Basics](#)

8.75 hours

[FileMaker Pro 8.5 New Features](#)

1.5 hours

[FileMaker Pro 8.5 Essential Training](#)

8.5 hours

[FileMaker Pro 8.5 Beyond the Basics](#)

7 hours

[FileMaker 8.5 Web Publishing](#)

4.25 hours

[Flash 8 and FileMaker 8.5 Integration](#)

2 hours

[Inspector for FileMaker Pro 8.5 Advanced](#)

0.75 hours

[Account Manager for FileMaker 8](#)

0.75 hours

[Divvy-Up for FileMaker 8](#)

0.5 hours

[Dragon Web Surveys for FileMaker 8.5](#)

0.75 hours

[FileMaker Pro 7 Essential Training](#)

7.5 hours

Google

Blogger

[Blogger Essential Training](#)

3.5 hours

Picasa

[Picasa 2 Essential Training](#)

4.5 hours

Search Engines

[Introduction to Internet Searching](#)

5 hours

[Search Engine Optimization](#) 9 hours

iView Multimedia

iView Media Pro

[Digital Asset Management for Photographers](#) 4.25 hours

Macromedia

ActionScript

[ActionScript 3.0 in Flash CS3 Professional Essential Training](#) 7.5 hours

[ActionScript 3.0 in Flash CS3 Professional Beyond the Basics](#) 4 hours

[ActionScript 3.0 in Flex Builder Essential Training](#) 13 hours

[ActionScript 2.0 Essential Training](#) 10 hours

[ActionScript 2.0 Beyond the Basics](#) 13.75 hours

[Learning ActionScript in Flash MX](#) 4 hours

ColdFusion

[ColdFusion 8 Essential Training](#) 6.75 hours

[ColdFusion MX Essential Training](#) 15.25 hours

Contribute

[Contribute CS3 Essential Training](#) 5 hours

[Contribute 3 Essential Training](#) 4.5 hours

Director

[New in Director MX 2004](#) 3 hours

[Director MX Essential Training](#) 15 hours

[Learning Director 8.5](#) 14 hours

Dreamweaver

[Dreamweaver CS3 Essential Training](#) 10.5 hours

[Dreamweaver CS3 Dynamic Development](#) 7 hours

[Dreamweaver 8 New Features](#) 1.0 hour

[Dreamweaver 8 Essential Training](#) 11 hours

[Dreamweaver 8 Beyond the Basics](#) 8 hours

[Dreamweaver 8 Dynamic Development](#) 7 hours

[Dreamweaver MX 2004 Essential Training](#) 9.5 hours

[Dreamweaver MX 2004 Beyond the Basics](#) 7.75 hours

[Dreamweaver MX 2004 Dynamic Development with ASP](#) 6 hours

[Learning Dreamweaver MX](#) 7 hours

[Intermediate Dreamweaver MX](#) 12 hours

[Learning Dreamweaver 4](#) 3.5 hours

Intermediate Dreamweaver 4 9 hours

Learning Dreamweaver 3 5 hours

Fireworks

Fireworks 8 Essential Training 11 hours

Fireworks MX 2004 Essential Training 7 hours

Learning Fireworks MX 5 hours

Learning Fireworks 4 5 hours

Learning Fireworks 3 5 hours

Flash 8

Flash User Experience Best Practices 4.25 hours

Flash Professional 8 New Features 1.0 hour

Flash Professional 8 Essential Training 11.5 hours

Flash Professional 8 Beyond the Basics 10 hours

Flash Professional 8 Building Data-Driven Applications 6.25 hours

Flash Professional 8 Video Integration 7.25 hours

Illustrator CS2 and Flash 8 Integration 3.5 hours

After Effects 7 and Flash 8 Integration 2.5 hours

Flash 8 and FileMaker 8.5 Integration 2 hours

Photoshop CS2 and Flash 8 Integration 2.5 hours

Flash MX 2004

Flash User Experience Best Practices 4.25 hours

Flash MX 2004 Essential Training 14 hours

Flash MX 2004 Beyond the Basics 18 hours

Photoshop CS and Flash MX 2004 Integration 2.25 hours

Flash MX 2004 Audio & Video Integration 12.5 hours

Flash MX

Learning Flash MX 15 hours

Intermediate Flash MX 15 hours

Flash 5

Learning Flash 5 6 hours

Intermediate Flash 5 11 hours

Advanced Flash 5 6 hours

Animation Principles 2 hours

Optimizing Flash 5 Content 2 hours

FreeHand

Migrating from FreeHand to Illustrator CS3 5 hours

Migrating from FreeHand to Illustrator CS2 3.5 hours

UltraDev

[Learning UltraDev 4](#) 3.5 hours

Studio

[Studio 8 Web Workflow](#) 6 hours

[Studio MX 2004 Web Workflow](#) 9.5 hours

Maxon

CINEMA 4D

[CINEMA 4D R10 Essential Training](#) 10.5 hours

[CINEMA 4D R9.5 Essential Training](#) 9 hours

Microsoft

Access

[Access 2007 Essential Training](#) 5.5 hours

[Access 2003 Essential Training](#) 5 hours

Excel

[Excel 2007 Essential Training](#) 5.25 hours

[Excel 2003 Essential Training](#) 4 hours

Expression Blend

[Getting Started with Expression Blend](#) 3.75 hours

[Expression Blend Beta Preview](#) 2.5 hours

Expression Design

[Getting Started with Expression Design](#) 6.5 hours

Expression Web

[Expression Web Essential Training](#) 6 hours

FrontPage

[FrontPage 2003 Essential Training](#) 8.25 hours

Internet Explorer

[Learning Internet Explorer 6](#) 4 hours

Movie Maker

[Learning Windows Movie Maker 2](#) 2.75 hours

Office 2003

[Access 2003 Essential Training](#) 5 hours

[Excel 2003 Essential Training](#) 4 hours

[Outlook 2003 Essential Training](#) 6 hours

[PowerPoint 2003 Essential Training](#) 5.75 hours

[Publisher 2003 Essential Training](#) 5 hours

[Word 2003 Essential Training](#) 6.5 hours

Office 2007

Access 2007 Essential Training	5.5 hours
Excel 2007 Essential Training	5.25 hours
Outlook 2007 Essential Training	2.5 hours
PowerPoint 2007 Essential Training	6.25 hours
Project 2007 Essential Training	4 hours
Publisher 2007 Essential Training	6 hours
Visio 2007 Essential Training	9 hours
Word 2007 Essential Training	7 hours

Outlook

Effective Email	6.5 hours
Outlook 2007 Essential Training	2.5 hours
Outlook 2003 Essential Training	6 hours

PowerPoint

Effective Presentations	11 hours
Graphic Secrets for Business Professionals	4 hours
PowerPoint 2007 Essential Training	6.25 hours
PowerPoint 2003 Essential Training	5.75 hours

Project

Project 2007 Essential Training	4 hours
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Publisher

Publisher 2007 Essential Training	6 hours
Publisher 2003 Essential Training	5 hours

Visio

Visio 2007 Essential Training	9 hours
Visio 2003 Essential Training	7 hours

Windows Vista

Windows Vista Essential Training	12.25 hours
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Windows XP

Windows XP Essential Training	4 hours
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Word

Graphic Secrets for Business Professionals	4 hours
Word 2007 Essential Training	7 hours
Word 2003 Essential Training	6.5 hours

OnOne Software

Mask Pro

Mask Pro 4 Essential Training	1.5 hours
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Quark

Interactive Designer

[Getting Started with Quark Interactive Designer](#) 1.5 hours

QuarkXPress

[QuarkXPress 7 New Features](#) 5 hours

[QuarkXPress 6 Essential Training](#) 4.5 hours

[Learning QuarkXPress 5](#) 2 hours

Software Showcase

Xcelsius

[Introducing Xcelsius](#) .3 hours

Sony

Vegas

[Vegas 6 Essential Training](#) 9 hours

Animation

[After Effects CS3 Professional Essential Training](#) 9.25 hours

[After Effects CS3 Professional New Features](#) 1.25 hours

[Maya 8 Essential Training](#) 8 hours

[Character Animation in Discreet 3ds max 6](#) 6.75 hours

[Photoshop 7 Slices, Rollovers & Animation](#) 2 hours

[After Effects 7 Essential Training](#) 6.75 hours

[After Effects 7 Animation Techniques](#) 3.25 hours

[After Effects 7 and Photoshop CS2 Integration](#) 4.75 hours

[Animation Principles](#) 2 hours

Design Principles

Color

[Photoshop CS3 Color Correction](#) 7.25 hours

[Working with Color](#) 3 hours

Typography

[Font Management](#) 8.75 hours

[InDesign CS2 Professional Typography](#) 7 hours

[Typographic Principles](#) 1.5 hours

Interactive Design

[Flash User Experience Best Practices](#) 4.25 hours

[Getting Started with Quark Interactive Designer](#) 1.5 hours

[Interaction Design: Process and Inspiration](#) 1.75 hours

Digital Photography

Aperture 1.1 Essential Training	6.75 hours
Aperture 1.5 Beyond the Basics	3.5 hours
Digital Asset Management for Photographers	4.25 hours
iPhoto 6 Essential Training	5.5 hours
Photoshop CS3 New Features	1.5 hours
Photoshop Elements 5 Essential Training	13 hours
Photoshop Lightroom Essential Training	5.5 hours
Secrets to Selling and Publishing Photography	6 hours
Photoshop CS2 Essential Training	11 hours
Photoshop CS3 One-on-One: The Essentials	8.75 hours
Photoshop CS3 One-on-One: Beyond the Basics	10.75 hours
Photoshop CS3 One-on-One: Advanced Techniques	9.5 hours
Photoshop CS3 for Photographers	13.25 hours
Sharing Digital Photographs: The Future of Memories	5 hours
Photoshop CS3 Creative Photographic Techniques	11 hours
Enhancing Digital Photography with Photoshop CS	13 hours
Photoshop Elements 3 Essential Training	11 hours
Photoshop CS2 Mastering Camera Raw	12 hours
Getting Started with Paint Shop Pro X	4.25 hours
Enhancing Digital Photography with Photoshop CS2	14.5 hours
Digital Photography Principles	5 hours
iPhoto 5 Essential Training	4.75 hours
Learning iLife: iTunes 4, iPhoto 2, iMovie 3 and iDVD 3	5.5 hours
Picasa 2 Essential Training	4.5 hours

Digital Video

Avid Xpress Pro 5.5 Essential Editing	5 hours
Blue + Green Screen Production Principles	0.25 hours
Compressor 2.1 Essential Training	1.5 hours
Digital Video Principles	2.5 hours
Encore DVD 2.0 Essential Training	5.5 hours
Final Cut Express HD 3.5 Essential Training	6 hours
iMovie HD 6 + iDVD 6 Essential Training	9.75 hours
LiveType 2 Essential Training	3.5 hours
Motion 2 Essential Training	5.5 hours
Premiere Pro CS3 New Features	0.5 hours
Shake 4.1 Essential Training	13.25 hours

Soundtrack Pro Essential Training	6 hours
Vegas 6 Essential Training	9 hours
Flash Professional 8 Video Integration	7.25 hours
Photoshop CS3 Extended for 3D + Video	6.25 hours
Soundtrack Pro Audio Filters	4 hours
Learning Windows Movie Maker 2	2.75 hours
After Effects 7 New Features	1.5 hours
After Effects 7 Essential Training	6.75 hours
Final Cut Pro 5 Essential Editing	8.25 hours
After Effects 7 Animation Techniques	3.25 hours
Final Cut Pro 5 Essential Effects	6 hours
After Effects 7 Title Design Techniques	4.25 hours
Final Cut Pro 5 Beyond the Basics	8.5 hours
After Effects 7 and Flash 8 Integration	2.5 hours
After Effects 7 and Photoshop CS2 Integration	4.75 hours
Final Cut Pro 5 Color Correction	4.25 hours
Final Cut Studio Integration	1.75 hours
Learning Final Cut Pro 4	8.3 hours
After Effects 6 Essential Training	6 hours
DVD Studio Pro 4 + Compressor 2 New Features	2.25 hours
Learning After Effects 5	8.5 hours
Learning LiveType	4.75 hours
Learning Motion	7.5 hours
Podcast + Videocast Essential Training	5 hours
Premiere Pro 2 New Features	2.25 hours
After Effects 5.0 Overview	5 hours
DVD Studio Pro 3 Essential Training	6 hours
Premiere Pro 2 Essential Training	11 hours
Soundtrack Essential Training	4.75 hours
Compressor Essential Training	3.25 hours
Digital Anarchy Demonstration	2 hours
Flash MX 2004 Audio & Video Integration	12.5 hours
iMovie HD + iDVD 5 Essential Training	12 hours
Learning iLife: iTunes 4, iPhoto 2, iMovie 3 and iDVD 3	5.5 hours
Learning QuickTime 5 Pro	3 hours
Premiere Pro 1.5 Essential Training	7 hours
QuickTime Compression Principles	2 hours

Networking & Security

Home and Small Office Networking	6.75 hours
Computer Privacy and Security Essential Training	8 hours
Podcasting	
Podcasting with GarageBand 3	4.75 hours
Podcast + Videocast Essential Training	5 hours
iTunes 5 and 6 + iPod Essential Training	8.5 hours

Web Development

AJAX

AJAX Crash Course by SitePoint	1.25 hours
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ASP

Dreamweaver MX 2004 Dynamic Development with ASP	6 hours
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MySQL

PHP with MySQL Essential Training	10.75 hours
Setting Up MySQL 5 for PHP in Windows	0.25 hours

Blogging

Blogger Essential Training	3.5 hours
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ColdFusion

ColdFusion 8 Essential Training	6.75 hours
ColdFusion 8 New Features	1 hour
ColdFusion MX Essential Training	15.25 hours
Dreamweaver 8 Dynamic Development	7 hours

CSS

CSS Crash Course by SitePoint	2.75 hours
CSS for Designers	7.5 hours
CSS Web Site Design	6.25 hours
CSS2 Essential Training	4 hours

e-commerce

eBay Essential Training	7.5 hours
Building an Online Shopping Cart	4 hours

HTML

HTML Essential Training	3 hours
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Information Architecture

Web ReDesign: Strategies for Success	2.5 hours
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JavaScript

JavaScript Essential Training (2007)	7 hours
JavaScript Essential Training (2002)	7.5 hours

Perl

Using Perl/CGI Scripts 2.5 hours

PHP

PHP with MySQL Essential Training 10.75 hours

Setting Up MySQL 5 for PHP in Windows 0.25 hours

Setting Up PHP 5 for Windows with Apache or IIS 0.25 hours

PHP Essential Training (2005) 9.5 hours

Ruby on Rails

Ruby on Rails Beyond the Basics 11.5 hours

Ruby On Rails Essential Training 10.75 hours

Setting Up Ruby on Rails 1.x for Windows 0.25 hours

SEO

Search Engine Optimization 9 hours

XHTML

XHTML Essential Training 3.5 hours

XML

XML Essential Training 5.75 hours